

**Pain Assessment for the Cognitively/
 Communicatively Impaired
 (PACCI)**

 Complete according to the PACCI Policy & Procedure
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Date:		Shift:	Day <input type="checkbox"/>	Evening <input type="checkbox"/>	Night <input type="checkbox"/>
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Check ✓ if applicable

	Behavioural Expression		ASSESSMENT/INTERVENTIONS	
Behavioural Expression	1) Fidgets		Possible Location(s) of pain:	
	2) Grabs at caregiver during care			
	3) Paces			
	4) Pushes caregiver away		Initial Interventions: <input type="checkbox"/> Physical Assessment <input type="checkbox"/> Call MD <input type="checkbox"/> Lab–blood work, urinalysis <input type="checkbox"/> X-ray <input type="checkbox"/> Bladder scan <input type="checkbox"/> Rectal check <input type="checkbox"/> Other _____	
	5) Reluctant to eat			
	6) Rocks in one spot			
	7) Seeks to be in bed			
	8) Wakes frequently			
	9) Winces with movement			
	10) Withdraws (closes eyes, turns away)			
	11) Change in breathing pattern			
Facial Expression	12) Blinks rapidly			Provoking factors: <input type="checkbox"/> Hygiene <input type="checkbox"/> Tub Bath <input type="checkbox"/> Mouth Care <input type="checkbox"/> Transfers <input type="checkbox"/> Walking/Exercise <input type="checkbox"/> Fall <input type="checkbox"/> Recent Surgery <input type="checkbox"/> Getting dressed <input type="checkbox"/> Treatment (e.g. dressings) <input type="checkbox"/> Other _____
	13) Clenches teeth			
	14) Frowns			
	15) Grimaces			
	16) Squeezes eyes shut			
Physical Expression	17) Avoids specific position/posture		Pharmacological strategies: <input type="checkbox"/> Started analgesics Type: _____ <input type="checkbox"/> Increased analgesics/dose change <input type="checkbox"/> Adjuvant medication (eg; anticonvulsants, antidepressants) <input type="checkbox"/> Other _____	
	18) Draws knees up			
	19) Guards/protects area			
	20) Has difficulty getting up from sitting or lying			
	21) Limits weight-bearing			
	22) Points to area			
	23) Resists movement			
	24) Seeks support for movement			
25) Self-splints an area				
Vocal Expression	26) Calls repetitively		Non-pharmacological strategies: <input type="checkbox"/> Hot Pack <input type="checkbox"/> Cold Pack <input type="checkbox"/> Massage <input type="checkbox"/> Repositioning <input type="checkbox"/> Exercise <input type="checkbox"/> Diversion <input type="checkbox"/> 1:1 visit <input type="checkbox"/> Referral to _____ <input type="checkbox"/> Other _____	
	27) Cries with touch			
	28) Cries without provocation			
	29) Grunts/moans and groans			
	30) Verbalizes pain			
Total (✓)		/30		

 IPN Yes No

Name/Designation of Person completing PACCI (print)

Pain Identified as Focus of Care

 Yes, Care Plan Initiated
 No, not necessary

Date:

Complete another PACCI after starting interventions every shift until pain is managed

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 Page 2 of 2

Pain Indicators		Check ✓ if applicable					
Date							
Shift (D=Days, E=Evenings, N=Nights)							
BEHAVIOURAL EXPRESSION	1) Fidgets						
	2) Grabs at caregiver during care						
	3) Paces						
	4) Pushes caregiver away						
	5) Reluctant to eat						
	6) Rocks in one spot						
	7) Seeks to be in bed						
	8) Wakes frequently						
	9) Winces with movement						
	10) Withdraws (closes eyes, turns away)						
	11) Change in breathing pattern						
FACIAL EXPRESSION	12) Blinks rapidly						
	13) Clenches teeth						
	14) Frowns						
	15) Grimaces						
	16) Squeezes eyes shut						
PHYSICAL EXPRESSION	17) Avoids specific position/posture						
	18) Draws knees up						
	19) Guards/protects area						
	20) Has difficulty getting up from sitting or lying						
	21) Limits weight-bearing						
	22) Points to area						
	23) Resists movement						
	24) Seeks support for movement						
25) Self-splints an area							
VOCAL EXPRESSION	26) Calls repetitively						
	27) Cries with touch						
	28) Cries without provocation						
	29) Grunts/moans and groans						
	30) Verbalizes pain						
TOTAL (✓)		/30	/30	/30	/30	/30	/30
INITIALS (PERSON COMPLETING PACCI) AND DESIGNATION							
DATE DISCUSSED AT IDT							
✓IF NOTED IN IPN							
PAIN MANAGED (INITIALS)							